8-Day Painting Holiday in Southern France July 28-Aug 4 with an optional 2 days in Toulouse July 26-28

We will start off with a 2 night stay in Toulouse France and see the sites and be picked up at our hotel and transported to the French country side for an impressionists dream.

It will be Sunflower season when we travel to St. Puy this year. Our hosts are wonderful people who know the area and we will be well taken care of the whole time we are there. All enclusive 8 day stay, with painting workshop and sightseeing.





* 7 nights accommodation in a room with en suite facilities, meals with wine and soft drinks, tea and coffee. 5 day oil painting workshop with James Swanson

* Transfer on arrival day and departure day at a prearranged time. We will meet in Toulouse on July 26 and stay at a hotel before being pick up on July 28. We can use that day to see Toulouse and visit an art store to pick up any painting supplies we need.

- * Wine tasting at a historic Chateau
- * A market visit to a colorful local market
- * A visit to a local gallery
- * A visit to a brocante/ flea market for that perfect holiday keepsake
- * Use of the studio, easels and equipment.
- * Use of the outdoors pool here at La Salle and Le rêve d'Alice
- * Transport to some of the beautiful locations and villages nearby to paint
- Cost \$2500 with a deposit of \$250 now and with full payment due July 1.

Air Travel is not included.



SAMPLE ITINERARY - All Photos are from our trip

For a 7 night painting holiday at La Salle Please note the itinerary may be subject to minor changes due to weather and/or after consultation with your tutor.

Meal times:

Breakfast 8.30 am to 9.30 am

Lunch 12.30pm to 1.30pm

Dinner from 7pm

DAY 1

Pick up at Toulouse, transfer to La Salle and settling in. A tour of the house, the all important studio, gardens and time for a well deserved apero by the pool with fellow guests before a relaxing 3 course dinner with wine on the terrace.

DAY 2

Leisurely breakfast and into the studio for 9.30am for your first painting session with your tutor. Lunch at 1pm on the shady terrace and time to relax before your next painting session. Opportunity for some 'plein air sketching in the garden or lanes around La Salle.

5pm tour of and wine tasting at Chateau Monluc and time to explore the village, maybe take a few photos for reference.

DAY 3

Breakfast and a day out to the local beautiful 'Jardins de Coursiana' or the magnificent water gardens of 'Latour Marliac' where Monet bought the water lilies for his famous gardens at Giverny. Lots of time to sketch, take reference photos and paint. We take a picnic lunch to make the most of this wonderful painting opportunity.





Home in the afternoon and time to continue your painting or relax in the pool before a delicious dinner with wine.

DAY 4

Breakfast and a visit to one of the very colourful local markets selling fresh local produce. A look around the cathedral in the Place St Pierre, visit the chocolaterie or one of the lovely gift shops selling artisan products.

There's time for a drink in one of the cafes before home for lunch to sample some of the fresh produce bought at the market. An afternoon of painting 'en plein air' or in the cooler studio (depending on the weather) Dinner at La Salle.

Day 5 A trip to the World heritage site at La Romieu, a 3 course lunch in a lovely restaurant and again some photo or sketching opportunities before returning home. An afternoon of painting with your tutor. Dinner at La Salle.

DAY 6

Breakast and a day of painting in the studio, gardens or village. Lunch at La Salle before an afternoon of painting with your tutor, A BBQ in the evening at La Salle.

DAY 7

After breakfast, painting time with your tutor and finishing off any work. Lunch on the terrace and a late afternoon trip by canoe down the river Baise. 7.30 pm 3 course dinner at a local restaurant. Time to reflect on the week's acheivements.

DAY 8

Breakfast and 'au revoirs' for guests on 7 night holidays. Transfer to Toulouse Blagnac Airport.

James Swanson's France Painting Supply List Our host has quite a few easels for us to use, but if you want to bring your own that is fine.

7 - canvas panels

Bring a panel a day. Or hosts will have a few panels if you need one. We can also pick some up in Toulouse when we arrive.

Sizes 8x10, 9x12, 11x14, or 12x16 -are good plein air panel sizes. I work on Centurion Linen Canvas Panels, find them and almost all the supplies at <u>http://www.jerrysartarama.com</u>

Oil Paint Brushes -

Utrecht Series 209 Pure Natural Chungking Hog Bristle Brush, Bright

Flats, Size: #12 - (1"wide brush), #8 - 5/8 wide brush, #6, #4 Good strong brushes.

Better Brushes-

I also use Rosemary Ivory Synthetic Long Flat Brushes in the same sizes. I love these brushes, great for finishing work. find at <u>https://studiopintura.com/rosemary-%26-co</u>

Palette Knives -

Blick Palette Knives by RGM, Style 31 or Style 72 triangle shaped blades about 1" and 2-1/4" in blade length (1 for small areas and 1 for bigger jobs)

2-Silicone kitchen spatulas from the Dollar store we will trim these with a pair of scissors for straight edges in different sizes. These are our paint erasers Suggested Oil Paint Colors

Rembrandt oil paints work great. This is a really good traveling set for this trip. It has enough paint to get thru the week and then some.

<image/>	Rembrandt Oil Color Basic Set of 10, 15ml Colors			
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-	See All Colors & Sizes Available			

Suggested Oil Paint Colors if you bring them individualy

Perm Alizarin Crimson or Rembrandt Rose Madder Deep Cadmium Red Light Cadmium Yellow Light Cadmium Orange Utrecht Cobalt Blue Hue **(I use this color)** or French Ultramarine Blue Red Oxide light or Terra Rosa Transparent Red Oxide Phthalo Green Blue Yellow Ochre Titanium White